

DIY Dog Flirt Pole

A flirt pole is an exercise tool that encourages your dog to chase a fast-moving lure or toy.

Credit: Gabriella

<https://germanshepherdcorner.com/how-to-make-a-flirt-pole-for-dogs/>



Benefits of a Flirt Pole

#1 – Flirt Poles Build and Stimulate Drive

Your dog has a natural drive to chase and catch prey. A flirt pole is the perfect tool for this.

#2 – Flirt Poles Improve Stamina

Flirt poles are a great way to build “staying power” in your dog.

#3 – Flirt Poles Improve Physical Conditioning

Regular use of a flirt pole will naturally improve the physical condition of your dog.

#4 – Flirt Poles Improve Cognitive Abilities

The game is unpredictable, so your dog will need to use their brain to catch their prey.

#5 – Flirt Poles are Fantastic Training Tools

Using this tool helps practice basic commands, like sit, down, and drop/leave it,

#6 – Flirt Poles Build Deeper Bonds

Daily playtime helps create a deeper bond.

#7 – Flirt Poles are Perfect for Smaller Spaces

A flirt pole helps burn excess energy.

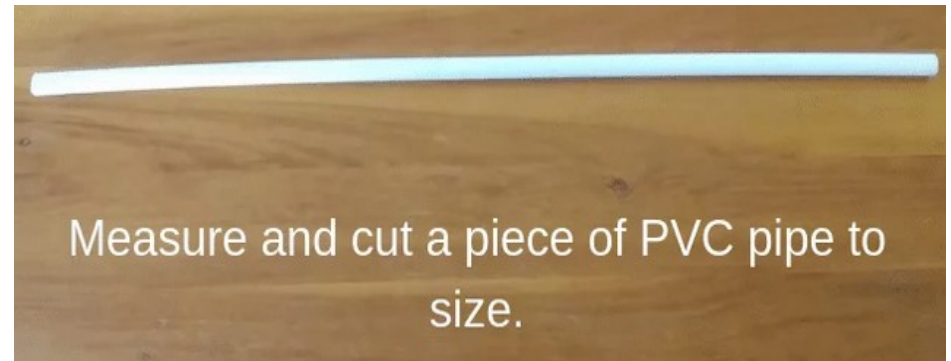
Five simple steps in less than 5 minutes, you'll have a flirt pole that will keep your dog entertained, and help with their overall health and well-being!

Materials needed:

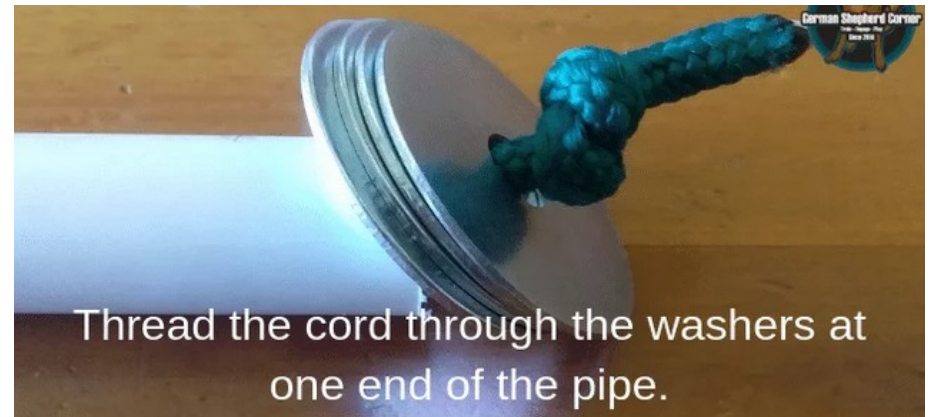
- PVC pipe (3.5 ft and 22 mm round)
- Medium to heavy-duty paracord
- Two washers or a rubber stopper
- Sports tape
- A dog toy of your choice (used as a lure)



Step 2. Use a medium-duty cord. Be prepared to adjust the cord length. If cord is too long, it may tangle easily. Add a little extra length when you measure the cord. That way you can shorten if needed.



Step 1. **Too short** a pipe will have your dog running into you. A longer pipe will give you distance between you and your dog. Do not choose too thick of a pipe as it may become too heavy after playing for a while.



Step 3. **Watch your fingers** as they may get caught between the washers and pipe as a dog grabs the lure and pulls. You could also try a rubber stopper on the end with a hole cut through to tie a knot. Or tie a larger knot at end.



Step 4. Wrap sports tape around end that you will be holding. Or choose to decorate it by using tape all the way to end.



Step 5: Choose a toy that is durable and that will entice your dog.

Flirt Pole Training Guide

1. Have your dog sit or lie down, and leave the toy alone.
2. Tell them to “take it”, and let them chase.
3. After a few passbys, reward them by allowing them to get the toy.
4. Let them tug until you tell them to “drop it”.
5. Have them sit or lie down and wait until they are calm. Then start again. Change direction every once in a while.
6. If the dog becomes too mouthy or jumps on you: take a time out and/or start over.

